

Do I Need a Tetanus Shot?

- Tetanus is a disease that causes painful tightening of the muscles all over the body.
- Because of the debris caused by the tornado and the possibility for cuts and wounds, all clean-up workers, volunteers and residents should make sure their tetanus vaccination is up-to-date.
- Adults should receive a tetanus shot every 10 years.
- Tetanus bacteria enter the body through cuts or wounds.
- Tetanus is sometimes called lockjaw because infected people cannot open their mouths or swallow.
- As many as two out of 10 people who get tetanus die from the disease.
- A fact sheet about tetanus is available on the North Dakota Department of Health website at www.ndhealth.gov/disease.
- If you have questions about tetanus, contact the Rolette County Public Health District at 701.477.5646 or the North Dakota Department of Health at 701.328.2378.